

EXHIBIT A – PROGRAM REQUIREMENTS (A-P): THERAPEUTIC BEHAVIORAL SERVICES (TBS)

I. Program Name

Therapeutic Behavioral Services (TBS)

II. Contracted Services¹

TBS

Case Management/Brokerage

Medi-Cal Requirements Apply

III. Program Information and Requirements

A. Program Goals

Contractor shall provide services to accomplish the following goals:

- i. Reduce acute and persistent challenging behaviors that put clients at risk of losing their living situation and/or needing a higher level of care;
- ii. Assist clients to reduce problematic behaviors in order to support them moving to a lower level of care;
- iii. Assist parents/caregivers in managing challenging behaviors and teach strategies to increase behaviors that will enable the client to succeed in their current environment; and
- iv. Support each child and youth in developing more adaptive behaviors with the goal of reducing psychiatric hospitalizations.

B. Target Population

Contractor shall provide services to the following populations:

1. Service Groups

Contractor shall provide services to children and youth who meet criteria for Specialty Mental Health Services.

Contractor shall provide services to clients who currently reside within a 90-mile radius of Contractor's service delivery site(s). Contractor may also serve clients who live outside of the 90-mile radius, such as presumptive transfer clients.

2. Referral Process to Program

Referrals shall be provided by ACBH Administrator or designee in coordination with Specialty Mental Health Providers.

¹ See all requirements specified in the Exhibit A-1: Standard Requirements, Exhibit A - Scope of Work (SOW), and other Exhibits attached to this Agreement.

3. Program Eligibility

Contractor shall only serve clients between birth and the client's 21st birthday who:

- i. Meet the initial screening criteria for TBS eligibility;
- ii. Are **assigned and authorized** by the ACBH **Administrator or designee**; and
- iii. Have full-scope Alameda County Medi-Cal or are an unaccompanied immigrant youth per the guidelines in the November 12, 2015 and February 4, 2016 Provider Letters regarding services to this population, which can be referenced online at <http://www.acbhcs.org/providers/network/CBOs.htm>

Foster, kinship, or adopted children and youth with out-of-county Medi-Cal and residing in Alameda County are eligible for services under inter-county arrangements **possible under presumptive transfer and Service Authorization Request (SAR).**

For authorization, Contractor shall coordinate with the ACBH Administrator or designee, submitting required documentation at initial TBS assessment, every 90 days thereafter, and as requested.

4. Limitations of Service

Not applicable.

C. Program Description

Contractor shall maintain programmatic services at or above the following minimum levels:

1. Program Design

Contractor's TBS program shall supplement other specialty mental health services by addressing the target behaviors/symptoms that are jeopardizing the child's current living situation or planned transition to a lower level of placement. Contractor shall provide short-term treatment services to further the child's overall treatment goals.

Contractor's TBS treatment planning shall be flexible. Intervention strategies shall be refined or **updated** based on review. Contractor shall include a plan to taper off services as appropriate, and to work with caregivers to continue the utilization of effective strategies. Contractor shall deliver services at the time and place that provide the best opportunity for intensive therapeutic support towards meeting the treatment plan goals. Contractor shall review client's progress on a weekly basis within the program, and collaboratively with the Specialty Mental Health Provider on at least a monthly basis.

Contractor shall open cases within two weeks from the date of assignment by the ACBH **Administrator or designee** unless the client requests postponement of case opening based on the client's preference for a specific provider and/or language/gender capacity.

Contractor may also utilize the Intensive Care Coordination (ICC) procedure code (577), which falls under Case Management/Brokerage, though Contractor shall

only utilize this code when participating in a Child and Family Team (CFT) meeting on behalf of Katie A. subclass member or client eligible for ICC services that is facilitated by a designated Katie A./ICC provider agency. If the CFT identifies a new or significant change to the mental health goals within the CFT process of assessing and planning, Contractor shall update the Treatment Plan to reflect that change.

2. Discharge Criteria and Process

Contractor shall discharge a client when the treatment goals have been met after having discussed termination with the child, parent/family, and appropriate professionals as needed. Contractor shall make recommendations for other appropriate services as needed upon discharge.

3. Hours of Operation

Contractor shall maintain the hours as specified in Exhibit A-Scope of Work (SOW).

Additional services shall be available in the evenings and on weekends as needed.

4. Service Delivery Sites

Contractor shall deliver services at designated service delivery sites as specified in Exhibit A-SOW.

D. Minimum Staffing Qualifications

Contractor shall maintain the direct service staffing as specified in the Exhibit A-SOW.

Unless given prior authorization by ACBH Administrator or designee, any new staff hired by the Contractor to provide TBS services shall hold the minimum qualifications of a Mental Health Rehabilitation Specialist (MHRS) and shall be supervised by a Licensed Practitioner of the Healing Arts (LPHA), according to ACBH Staff Qualifications for Service Delivery and Documentation.

IV. Contract Deliverables and Requirements

A. Process Objectives

Contractor shall deliver units of service as specified in Exhibit A-SOW.

B. Quality Objectives

Contractor shall work collaboratively with ACBH to develop performance measures around quality of care.

C. Impact Objectives

Not applicable.

V. Reporting and Evaluation Requirements

Monthly summaries of the treatment progress are required to be documented by Contractor's staff in the client chart, unless otherwise specified by the ACBH Administrator or designee.

Contractor shall submit weekly list of clients referred that are pending assignment to the ACBH Administrator or designee.

VI. Additional Requirements

No additional requirements.